

# desserts




Please ask your server for todays selection

## happyhour

4 TAPAS AND 2 DRINKS FOR £24.95

MONDAY - FRIDAY 3 - 5PM • WEDNESDAY ALL DAY • SUNDAY 6 - 9PM\*

\* SUNDAY 6 - 9 EXCLUDES MONKSEATON, SEE WEBSITE FOR SUNDAY MENU

Drinks are 2 x 175ml house wines or 2 x ½ house lager or 2 pints of soft drink. Four cheapest items included in deal.  
Dishes marked  are not included.



all pizzas — £7.95

MONDAY - FRIDAY 3 - 5PM



half price burgers

MONDAYS FROM 6PM

\*\*Excludes Sundays preceding a bank holiday, bank holidays, festive periods and other selected dates. Management reserve the right to remove offers at their discretion and without notice

# Allard's

CAFE • WINE BAR

[www.allards-group.co.uk](http://www.allards-group.co.uk)



ALLARDS-LOUNGE



ALLARDSLOUNGE



@ALLARDSLOUNGE



74 Front St, Tynemouth,  
North Shields, NE30 4BP

1 Union Quay,  
North Shields, NE30 1HJ

19 Seatonville Rd, West Monkseaton,  
Whitley Bay, NE25 9DA

NORTH SHIELDS • TYNEMOUTH • MONKSEATON

# tapas

## meat

### Meat Paella (gf) — 8.95

moist paella with chicken & chorizo.

### Salt & Chilli Chicken (gf, s) — 8.50

lightly dusted crispy chicken tossed with peppers & onions.

### Halloumi & Chorizo (gf) — 8.95 🚫

diced halloumi & spiced chorizo in a smoked honey reduction.

### Lemon Chicken Bon Bons (s) — 8.50

a twist on an allard's favourite, sesame coated chicken, fried until golden with a sharp lemon gel and roasted sesame dressing.

### Beef Sliders — 7.95

trio of our homemade beef sliders, topped with plenty of cheese, relish and sweet dill pickles.

### Brisket Tacos — 8.95

braised BBQ beef brisket with pickled red onions & creamy chipotle ranch.

### Newcastle Brown Ale Stew with Cheese Dumplings — 8.50

tender beef, rich ale broth and hearty vegetables topped with fluffy cheese dumplings.

## fish

### Seafood Paella — 8.95

moist paella with prawns, squid, and fresh mussels.

### Gambas Pil Pil — 8.50

tiger prawns cooked in smoked paprika and garlic oil, served with toasted sourdough.

### Mussels (s) — 7.95

steamed mussels in a choice of classic marinere or a lightly spiced thai red sauce.

### Crispy Sesame Honey Squid (s) — 8.95

baby squid coated in japanese breadcrumbs, sesame seeds and honey. served with mustard mayo.

### Potted Crab — 8.95 🚫

served with toasted sourdough and rocket salad.

### Tempura Shrimp Tacos — 8.95

tempura garlic shrimp, chilli & coriander yoghurt, pickled cabbage and soured cream.

### Fish Goujons — 7.95

crispy battered sustainably sourced white fish, with a chunky homemade tartare

PLEASE ORDER AT THE BAR  
WITH YOUR TABLE NUMBER UNLESS  
SEATED IN THE RESTAURANT

## vegetable

### Vegan Paella (vg, gf, df) — 7.95

moist paella mixed with seasonal vegetables.

### Sticky Sesame Cauliflower Wings (vg, df, s) — 7.50

crispy but sweet cauliflower florets tossed together in a sticky Asian sauce and topped with vegan kimchi.

### Patatas Bravas (v, gf) — 7.95

our take on a spanish favourite, served in our ever-popular fiery sauce finished with soured cream.

### Halloumi With Honey & Pistachio (v, n, gf) — 8.50

a simple but delicious dish, pan fried crisp halloumi topped with honey, roasted pistachio crumb and pomegranate seeds.

### Spiced Lentil Dhal (vg, gf) — 7.95

a tasty 1-pot Indian curry with lentils, coconut milk, and simple spices.

### Spanish Tortilla (vg, gf) — 8.50

authentic spanish tortilla combines egg, potato, onion, olive oil and salt. this dish is cooked to order, please allow 15 minutes minimum.

### Baked Mac N Cheese (v) — 8.50

back due to popular demand! our mac n cheese has had a makeover. macaroni tossed in a 3 cheese bechamel, topped with ricotta cheese, baked until golden and finished with crispy onions.

### Hummus & Flatbread (v) — 6.95

freshly baked flatbread with generous amounts of hummus and green pitted olives

# big plates

### Chef's Soup — 6.95

our homemade winter warmer served with your choice of baked focaccia or toasted sourdough.

### Sharing Paella (gf) — 24.95

a mixed meat and seafood version of our classic tapas dish, designed for two to share.

### Fish & Chips — 15.95

locally sourced catch of the day with allard's chunky chips, mushy peas, and tartare sauce.

### Classic Burger — 14.95

**ADD BEEF BRISKET AND RANCH DRESSING FOR £4**  
two 4oz Beef patties loaded with american cheese, sweet dill pickles & burger relish.

### Sweet Potato & Lentil Burger (vg) — 12.95

our homemade vegan patty is a combination of sweet potato, mixed lentils, chickpeas, and crunchy kale. finished with a cool tahini dressing.

### Spiced Chicken Burger (s) — 15.95

two 4oz gochujang chicken patties loaded with cheese, served in a sweet sesame brioche with pickled cucumber & red onion, crisp lettuce, and coriander mayonnaise.

### Mussels — 16.95

steamed north sea mussels in your choice of classic marinere or lightly spiced thai red coconut sauce, served with allard's chunky chips and toasted sourdough.

### Camembert (v) — 13.50

whole baked camembert, perfect for sharing. Topped with garlic butter & onion marmalade. Accompanied with rosemary & rock-salt focaccia.

## sandwiches

SERVED ON ROSEMARY AND ROCK SALT FOCACCIA OR SOURDOUGH WITH CRISPS AND SALAD. AVAILABLE UNTIL 6PM.

ADD A WARMING MUG OF SOUP FOR AN EXTRA £2.

UPGRADE YOUR CRISPS TO CHIPS OR FRIES FOR £1.50 OR TRUFFLE FRIES FOR £2.50.

### Beef Brisket Sarnie — 12.95

beef brisket, brown ale onions & gruyere cheese served in sourdough.

### Croque Monsieur — 12.95

smoked ham, cheese and a creamy mustard coated in a rich bechamel sauce.

### Hummus Pesto & Kale (vg) — 12.95

hazelnut pesto hummus, pickled red onions & cucumber, crisp lettuce, and crunchy kale.

### Hot Honey Halloumi — 12.95

halloumi roasted in a chilli honey with crisp bacon and fresh rocket.

### Chicken & Bacon Sarnie — 12.95

cajun chicken, crisp lettuce, tomato, bacon, and ranch dressing.

### Fish Finger Sarnie — 12.95

lightly battered locally sourced fish fingers with crisp iceberg lettuce, tomato and tartare sauce.

### Crab Sandwich — 12.95

fresh crab meat mix with lettuce & tomato

## flatbreads

### Pulled Brisket Flatbread — 13.95

garlic and rosemary flatbread topped with sweet BBQ beef brisket, diced cherry tomato, bacon crumb, caramelised onion, sour cream & coriander.

### Moroccan Chicken Flatbread — 13.95

spiced moroccan chicken on a garlic flatbread, with crunchy slaw, pomegranate seeds, creamy tzatziki, and harissa yoghurt.

### Beetroot, Hummus & Tzatziki (v) — 12.95

a mix of candied beetroot, hummus, sundried tomatoes, crunchy slaw, and yoghurt dressing.

### Garlic, Cheese & Red Onion Jam (v) — 10.95

smothered in roast garlic and rosemary butter, mozzarella cheese and sweet red onion jam.

## salads

ADD EXTRA PROTEIN TO YOUR SALAD WITH CHICKEN FOR £3 OR TIGER PRAWNS FOR £4

### Baked Goats Cheese & Fig Salad (v, gf) — 12.95

candied beetroot, crunchy kale, sweet figs, wild rocket, and baked goats' cheese, brought together with a honey & pine nut dressing.

### Caesar Salad — 11.95

crisp hearts of romaine tossed in robust caesar dressing, topped with herb croutons & parmesan cheese.

### Crispy Beef Salad (s) — 14.95

crisp mixed salad topped with crispy hoi-sin beef, toasted sesame seeds and confit chilli.

## pizzas

### Classic Margherita (v) — 11.95

the classic, mozzarella, tomato, basil & olive oil

### Seafood — 13.95

napoli base topped with a fresh seafood medley, garlic butter & plenty of cheese

### Honey Pepperoni — 13.95

pepperoni & nduja sausage topped with chilli honey and fresh basil.

### Pesto & Pine Nut (v, n) — 13.95

pesto cream base topped with buffalo mozzarella, sundried tomatoes, onion marmalade, basil oil roasted pine nuts.

### Crisp Prosciutto — 12.95

rich tomato base, mozzarella, prosciutto, fresh parmesan, peppery rocket and chilli oil.

## sides

### Homemade Onion Rings — 3.95

### Allard's Chunky Chips (vg, gf) — 3.95

Add dips for £1

### Skinny Fries (vg, gf) — 3.95

### Truffle or Chilli Fries (v) — 7.50

### Chefs Garden Salad (v, gf) — 4.95

happy hour — 4 TAPAS AND 2 DRINKS FOR — £24.95  
MON - FRI 3-5PM • WED ALL DAY • SUN 6-9PM  
T&C'S APPLY

Drinks are 2 x 175ml house wines or 2 x ½ house lager or 2 pints of soft drink. Four cheapest items included in deal. Camembert counts as two dishes. Dishes marked 🚫 excluded from tapas deal.

Please scan the QR code for a full list of allergens in our dishes  
gf - Gluten Free v - Vegetarian n - Nuts df - Dairy Free vg - Vegan s - Sesame  
All our food is lovingly prepared by our hard-working chefs. Please bear with us during busy periods

