

desserts




Please ask your server for todays selection

happyhour

4 TAPAS AND 2 DRINKS FOR £24.95

MONDAY - FRIDAY 3 - 5PM • SUNDAY 6 - 9PM*

* SUNDAY 6 - 9 EXCLUDES MONKSEATON, SEE WEBSITE FOR SUNDAY MENU

Drinks are 2 x 175ml house wines or 2 x ½ house lager or 2 pints of soft drink. Four cheapest items included in deal.
Dishes marked  are not included.



all pizzas — £7.95

MONDAY - FRIDAY 3 - 5PM



half price burgers

MONDAYS FROM 6PM

Allard's

CAFE • WINE BAR

www.allards-group.co.uk



ALLARDS-LOUNGE



ALLARDSLOUNGE



@ALLARDSLOUNGE



**Excludes Sundays preceding a bank holiday, bank holidays, festive periods and other selected dates. Management reserve the right to remove offers at their discretion and without notice

74 Front St, Tynemouth,
North Shields, NE30 4BP

1 Union Quay,
North Shields, NE30 1HJ

19 Seatonville Rd, West Monkseaton,
Whitley Bay, NE25 9DA

NORTH SHIELDS • TYNEMOUTH • MONKSEATON

tapas

meat

Meat Paella (gf) — 8.95

moist paella with chicken & chorizo.

Salt & Chilli Chicken (gf, s) — 8.50

lightly dusted crispy chicken tossed with peppers & onions.

Smoked Meatballs — 8.50

pork & beef meatballs mixed with rich red pepper & tomato sauce.

Halloumi & Chorizo (gf) — 8.95 🚫

diced halloumi & spiced chorizo in a smoked honey reduction.

Short Rib Croquettes (s) — 2.95 each

a mix of cheesy, creamy béchamel, then fried until golden and dunked in a spicy gochujang aioli.

Lemon Chicken Bon Bons (s) — 8.50

a twist on an allard's favourite, sesame coated chicken, fried until golden with a sharp lemon gel and roasted sesame dressing.

Pork Belly (gf) — 8.50

celeriac remoulade, black pudding, apple puree and crispy kale.

Beef Sliders — 7.95

trio of our homemade beef sliders, topped with plenty of cheese, relish and sweet dill pickles.

Brisket Tacos — 8.95

braised BBQ beef brisket with pickled red onions & creamy chipotle ranch.

Newcastle Brown Ale Stew with Cheese Dumplings — 8.50

tender beef, rich ale broth and hearty vegetables topped with fluffy cheese dumplings.

fish

Seafood Paella — 8.95

moist paella with prawns, squid, and fresh mussels.

Gambas Pil Pil — 8.50

tiger prawns cooked in smoked paprika and garlic oil, served with toasted sourdough.

Mussels (s) — 7.95

steamed mussels in a choice of classic marinere or a lightly spiced thai red sauce.

Crispy Sesame Honey Squid (s) — 7.95

baby squid coated in japanese breadcrumbs, sesame seeds and honey. served with mustard mayo.

Scallops & Nduja — 9.50 🚫

pan fried scallops with cauliflower puree and nduja butter.

Turmeric & Coconut Salmon (s) — 8.50 🚫

salmon poached in a turmeric coconut yoghurt, served in a sweet but spiced thai sauce.

why not add a portion of crusty sourdough for £1.50 to mop up the sauces?

Salt Cod Croquettes — 2.95 each

salted cod croquettes with a rich pepper puree and pesto cream dip.

Potted Crab — 8.95 🚫

served with toasted sourdough and rocket salad.

Prawn Thermidor — 8.50

succulent king prawns cooked in a rich wine sauce and oven baked with a cheese crust served on a toasted sourdough.

Tempura Shrimp Tacos — 8.95

tempura garlic shrimp, chilli & coriander yoghurt, pickled cabbage and soured cream.

PLEASE ORDER AT THE BAR
WITH YOUR TABLE NUMBER UNLESS
SEATED IN THE RESTAURANT

vegetable

Vegan Paella (vg, gf, df) — 7.95

moist paella mixed with seasonal vegetables.

Sticky Sesame Cauliflower Wings (vg, df, s) — 7.50

crispy but sweet cauliflower florets tossed together in a sticky Asian sauce and topped with vegan kimchi.

Patatas Bravas (v, gf) — 7.95

our take on a spanish favourite, served in our ever-popular fiery sauce finished with soured cream.

Camembert (v) — 13.50 COUNTS AS TWO

whole baked camembert, perfect for sharing! topped with garlic butter & onion marmalade, accompanied with rosemary & rock-salt focaccia.

Sun-Dried Tomato & Pesto Arancini (vg, n, df) — 7.95

golden crisp balls of risotto mixed with sun-dried tomatoes, pesto & vegan feta.

Halloumi With Honey & Pistachio (v, n, gf) — 8.50

a simple but delicious dish, pan fried crisp halloumi topped with honey, roasted pistachio crumb and pomegranate seeds.

Spiced Lentil Dhal (vg, gf) — 7.95

a tasty 1-pot Indian curry with lentils, coconut milk, and simple spices.

Spanish Tortilla (vg, gf) — 8.50

authentic spanish tortilla combines egg, potato, onion, olive oil and salt. this dish is cooked to order, please allow 15 minutes minimum.

Truffle Manchego Churros with Honey & Thyme (v) — 7.95

a savoury take on the popular Spanish dessert, tossed in thyme & honey, served with a white truffle & cheese dipping sauce.

Baked Mac N Cheese (v) — 8.50

back due to popular demand! our mac n cheese has had a makeover. macaroni tossed in a 3 cheese bechamel, topped with ricotta cheese, baked until golden and finished with crispy onions.

big plates

Chef's Soup — 6.95

our homemade winter warmer served with your choice of baked focaccia or toasted sourdough.

Sharing Paella (gf) — 24.95

a mixed meat and seafood version of our classic tapas dish, designed for two to share.

Fish & Chips — 15.95

locally sourced catch of the day with allard's chunky chips, mushy peas, and tartare sauce.

Classic Burger — 14.95

ADD BEEF BRISKET AND RANCH DRESSING FOR £4
two 4oz Beef patties loaded with american cheese, sweet dill pickles & burger relish.

Sweet Potato & Lentil Burger (vg) — 12.95

our homemade vegan patty is a combination of sweet potato, mixed lentils, chickpeas, and crunchy kale. finished with a cool tahini dressing.

Spiced Chicken Burger (s) — 15.95

two 4oz gochujang chicken patties loaded with cheese, served in a sweet sesame brioche with pickled cucumber & red onion, crisp lettuce, and coriander mayonnaise.

Mussels — 16.95

steamed north sea mussels in your choice of classic marinere or lightly spiced thai red coconut sauce, served with allard's chunky chips and toasted sourdough.

sandwiches

SERVED ON ROSEMARY AND ROCK SALT FOCACCIA OR SOURDOUGH WITH CRISPS AND SALAD. AVAILABLE UNTIL 6PM.

ADD A WARMING MUG OF SOUP FOR AN EXTRA £2.

UPGRADE YOUR CRISPS TO CHIPS OR FRIES FOR £1.50 OR TRUFFLE FRIES FOR £2.50.

Beef Brisket Sarnie — 12.95

beef brisket, brown ale onions & gruyere cheese served in sourdough.

Croque Monsieur — 12.95

smoked ham, cheese and a creamy mustard coated in a rich bechamel sauce.

Hummus Pesto & Kale (vg) — 12.95

hazelnut pesto hummus, pickled red onions & cucumber, crisp lettuce, and crunchy kale.

Hot Honey Halloumi — 12.95

halloumi roasted in a chilli honey with crisp bacon and fresh rocket.

Chicken & Bacon Sarnie — 12.95

cajun chicken, crisp lettuce, tomato, bacon, and ranch dressing.

Beetroot & Chilli (v) — 12.95

sweet beetroot, red onion marmalade, wild rocket, warm goats' cheese, and chilli jam.

flatbreads

Crispy Honey Pork (s, df) — 12.95

a soft homemade flatbread base topped with crunchy slaw, sesame honey pork, confit chilli & sriracha mayo.

Pulled Brisket Flatbread — 13.95

garlic and rosemary flatbread topped with sweet BBQ beef brisket, diced cherry tomato, bacon crumb, caramelised onion, sour cream & coriander.

Moroccan Chicken Flatbread — 13.95

spiced moroccan chicken on a garlic flatbread, with crunchy slaw, pomegranate seeds, creamy tzatziki, and harissa yoghurt.

Beetroot, Hummus & Tzatziki (v) — 12.95

a mix of candied beetroot, hummus, sundried tomatoes, crunchy slaw, and yoghurt dressing.

Garlic, Cheese & Red Onion Jam (v) — 10.95

smothered in roast garlic and rosemary butter, mozzarella cheese and sweet red onion jam.

salads

ADD EXTRA PROTEIN TO YOUR SALAD WITH CHICKEN FOR £3 OR TIGER PRAWNS FOR £4

Baked Goats Cheese & Fig Salad (v, gf) — 12.95

candied beetroot, crunchy kale, sweet figs, wild rocket, and baked goats' cheese, brought together with a honey & pine nut dressing.

Warm Coconut Chicken Salad (n, gf) — 12.95

roasted butter chicken, butternut squash and courgette ribbons mixed with coconut cream and dukkha spice.

Crispy Beef Salad (s) — 14.95

crisp mixed salad topped with crispy hoisin beef, toasted sesame seeds and confit chilli.

pizzas

Classic Margherita (v) — 11.95

Ask us if you want a vegan version!
the classic, mozzarella, tomato, basil & olive oil

Mushroom & Truffle (v) — 13.95

a truffle ricotta base with mozzarella, sautéed mushrooms, and wilted spinach.

Honey Pepperoni — 13.95

pepperoni & nduja sausage topped with chilli honey and fresh basil.

Pesto & Pine Nut (v, n) — 13.95

pesto cream base topped with buffalo mozzarella, sundried tomatoes, onion marmalade, basil oil roasted pine nuts.

Crisp Prosciutto — 12.95

rich tomato base, mozzarella, prosciutto, fresh parmesan, peppery rocket and chilli oil.

sides

Truffle Parmesan Fries (v) — 7.50

Focaccia & Olives (v) — 7.50

Vegan Crispy Kale (vg, gf) — 4.95

Allard,s Chips & Dips (v, gf, df) — 4.95

Feta & Rocket Salad (v, gf) — 4.95

happy hour

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MONDAY - FRIDAY 3-5PM • SUNDAY 6-9PM

T&C's APPLY

Drinks are 2 x 175ml house wines or 2 x ½ house lager or 2 pints of soft drink. Four cheapest items included in deal. Camembert counts as two dishes. Dishes marked 🚫 excluded from tapas deal.

Please scan the QR code for a full list of allergens in our dishes
gf - Gluten Free v - Vegetarian n - Nuts df - Dairy Free vg - Vegan s - Sesame
All our food is lovingly prepared by our hard-working chefs. Please bear with us during busy periods

