



allards-group.co.uk

M onkseaton

TYNEMOUTH 74 FRONT ST, TYNEMOUTH, NORTH SHIELDS, NE30 4BP
MONKSEATON 19 SEATONVILLE RD, WEST MONKSEATON, WHITLEY BAY, NE25 9DA
NORTH SHIELDS 1 UNION QUAY, NORTH SHIELDS, NE30 1HJ





Tapas

Salt & Chilli...Everything! (gf, s) — 8.95

tossed with peppers & onions
chicken • squid • wild mushrooms (v)

Paella

- chicken & chorizo (gf) — 9.45
- prawn, mussel & calamari (gf) — 9.45
- veggie (v, gf, df) — 8.50



MEAT

Halloumi & Chorizo — 9.45

panfried halloumi & Spanish chorizo
with a honey glaze

Asian Beef Strips — 9.50

falda beef strips with peppers, onions,
hoisin, garlic, chilli & ginger

Lamb Keftedes — 9.45

greek style lamb & apricot meatballs
in a sweet pepper sauce with
whipped feta & tzatziki

Hawaiian Fried Chicken — 9.95

buttermilk hawaiian spiced chicken
with a mango hot sauce

Korean Chicken — 9.95

sticky gochujang buttermilk chicken
served with soured cream

Pork Carnitas — 9.50

shredded pork with a sweet &
spicy glaze, pickled red onions,
pomegranate seeds & sour cream
on toasted sourdough

Ham & Manchego Croquettes — 8.50

croquette balls served with house
made chilli jam

FISH

Fresh Mussels (gf) — 8.95

in a cider & chorizo cream sauce
make it large
with Allard's chips — 16.95

Fish Goujons — 9.50

tartare sauce

Grilled Sardines — 6.95

simple grilled sardines with a
tomato salad
(limited availability)

Tempura King Prawns — 10.50

sundried tomato mayo

Asian Style Calamari — 8.95

sweet chilli & honey
dipping sauce

Breaded Whitebait — 8.95

sundried tomato dip

Surf & Turf — 10.50

seared beef, prawns & mussels
in a garlic cream sauce



VEGETABLE (v)

Tandoori Cauliflower — 8.95

with lemony whipped feta

Vegetable Tempura (gf) — 8.95

broccoli, wild mushrooms &
cauliflower with hummus dip

Mac & Cheese — 9.45

american classic topped with
crispy onions

Sweet Potato Fries (gf) — 8.95

topped with crumbled feta &
hot honey

Lebanese Hummus & Pitta (vg) — 7.95

creamy chickpea dip with
warm pitta & olives

Whipped Feta — 8.95

balsamic roasted strawberries topped
with mint, honey & toasted pitta

Allard's Patatas Bravas (gf) — 8.95

our infamous spicy, saucy fried
potatoes topped with soured cream

Marinated Olives — 6.95

sourdough bread

Chips & Dips (gf) — 5.95

garlic mayo & sweet chilli dip

Mains

Soup of the Day — 8.95

upgrade your bread to a cheese scone - £2.50

don't forget you can add a mug of any
sandwich for £3

Fish & Chips — 17.95

traditional fish & chips with tartare sauce &
mushy peas

Chicken Burger — 16.95

buttermilk fried chicken in a brioche bun with
cheese, lettuce, pickled red onions, hot honey
drizzle & burger sauce. Served with a side
of Allard's chips

Beef Burger — 16.95

two smash patties, american cheese, lettuce,
pickles & burger sauce served in a brioche bun
with Allard's chips

Roast Chicken Breast — 17.95

creamy wild mushroom & parmesan sauce,
served with greens & Allard's chips

Salads

Chicken Caesar — 15.95

classic Caesar with crispy bacon, parmesan,
cos lettuce, croutons & a boiled egg

Goats Cheese on Sourdough (v, n) — 14.95

goats cheese, pear & walnut salad on
toasted sourdough with honey mustard
dressing & fresh pomegranate seeds

Greek (v) — 14.95

traditional greek salad with a slab of feta
& oregano

Hot Smoked Salmon & Strawberry — 16.95

hot smoked salmon tossed with fresh
strawberries & a balsamic dressing

Thai Crispy Beef (df, s) — 16.95

mixed leaf salad in an Asian sweet chilli
dressing with crispy beef strips

Pizza & Flatbreads

Langley Pizza (v) — 13.95

traditional margherita finished with oregano

Cauldwell Pizza (v, n) — 14.95

tomato & mozzarella topped with goats cheese,
walnuts & hot honey

Seatonville Pizza — 16.95

tomato & mozzarella, nduja, chorizo, salami &
mortadella with sweet drop peppers & rocket

Goats Cheese Flatbread (v) — 14.95

loaded garlic butter flatbread with creamy goats
cheese, whipped feta, pomegranate & salsa verde

Lamb Kofte Flatbread — 15.95

loaded garlic butter flatbread with apricot lamb
kofte, crumbled feta, asian slaw & tzatziki

'Seton Pizza — 15.95

tomato & mozzarella, salt & chilli chicken,
peppers, mushrooms, chilli & spring onion

Blue Cheese Flatbread (v) — 13.95

loaded garlic butter flatbread topped with
melting blue cheese, pickled red onions,
balsamic syrup & finished with wild rocket

Pork & Fennel Flatbread — 15.95

loaded garlic flatbread with pulled pork,
asian slaw & caramelised onions



Please scan the QR code for a full list
of allergens in our dishes

GF - Gluten Free **V** - Vegetarian **N** - Nuts

DF - Dairy Free **VG** - Vegan **S** - Sesame

All our food is lovingly prepared by our hard-working chefs.
Please bear with us during busy periods



Sandwiches



Served 12-4pm

All sandwiches served with a small side salad

Add Allard's chips for £2.50 **Add** Sweet potato fries £3

Add a mug of soup for £3

FOLDED PIZZA SANDWICHES

Folded pizza bread stuffed with mozzarella

Sliced Deli — 12.95

*salami, mortadella, parma ham,
pickled red onion, sour cream,
rocket & sweet drop peppers*

Pistachio Mortadella (n) — 12.95

*basil pesto, cream cheese, mortadella,
chopped pistachio, chilli flakes
& lemon zest*

Picante Pork — 13.95

*nduja, pulled pork, wild rocket & salsa
verde with hot honey drizzle*

Honeyed Goats Cheese (v) — 12.95

*creamy goats cheese, wild rocket,
sweet drop peppers & hot honey*

Apricot Lamb Meatball — 13.95

*spiced lamb & apricot meatballs with sweet
pepper sauce, rocket & whipped feta*

SANDWICHES & TOASTIES

Spicy Toastie — 12.95

*grilled chicken, chorizo, salami, chilli flakes
& jalapenos with cheddar cheese*

Chicken Caesar Wrap — 11.95

*grilled chicken, crispy bacon, parmesan,
cos lettuce & Caesar dressing*

Tikka Toastie — 10.95

*chicken tikka, mango chutney,
lime pickle & cheddar cheese*

Posh Ploughman's Sandwich — 11.95

*cheddar cheese, plum & apple chutney,
parma ham & pickled red onions
on sliced white*

Club Sandwich — 11.95

*traditional club with grilled chicken, bacon,
cos lettuce, sliced tomato & mayo*

Cheese & Onion Toastie (v) — 9.95

*cheddar cheese & finely sliced red onion
on toasted white bread*

Fish Finger Sandwich — 11.95

*fish goujons, mushy peas, tartare sauce
& chopped pickles in a stottie*

Hot Roast Sandwich — 9.95

*served with gravy in a sourdough
stottie*

All Day Bacon & Egg — 7.95

served in a sourdough stottie



Happy Hour

4 TAPAS AND 2 DRINKS

£32.95

MONDAY - FRIDAY 3 - 5PM

MEAT

Halloumi & Chorizo

panfried halloumi & Spanish chorizo with a honey glaze

Asian Beef Strips

falda beef strips with peppers, onions, hoisin, garlic, chilli & ginger

Lamb Keftedes

greek style lamb & apricot meatballs in a sweet pepper sauce with whipped feta & tzatziki

Hawaiian Fried Chicken

buttermilk hawaiian spiced chicken with a mango hot sauce

Pork Carnitas

shredded pork with a sweet & spicy glaze, pickled red onions, pomegranate seeds & sour cream on toasted sourdough

Ham & Manchego Croquettes

croquette balls served with house made chilli jam

FISH

Fresh Mussels (gf)

in a cider & chorizo cream sauce

Fish Goujons

tartare sauce

Grilled Sardines

simple grilled sardines with a tomato salad (limited availability)

Asian Style Calamari

sweet chilli & honey dipping sauce

Breaded Whitebait

sundried tomato dip

VEGETABLE ^(V)

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with lemony whipped feta

Vegetable Tempura (gf)

broccoli, wild mushrooms & cauliflower with hummus dip

Mac & Cheese — 9.45

american classic topped with crispy onions

Sweet Potato Fries (gf)

topped with crumbled feta & hot honey

Lebanese Hummus & Pitta (vg)

creamy chickpea dip with warm pitta & olives

Whipped Feta

balsamic roasted strawberries topped with mint, honey & toasted pitta

Allard's Patatas Bravas (gf)

our infamous spicy, saucy fried potatoes topped with soured cream

Marinated Olives

sourdough bread

Chips & Dips (gf)

garlic mayo & sweet chilli dip



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Drinks are 2 x 175ml house wines or 2 x ½ house lager or 2 pints of soft drink. Four cheapest items included in deal.

**Excludes Sundays preceding a bank holiday, bank holidays, festive periods and other selected dates. Management reserve the right to remove offers at their discretion and without notice